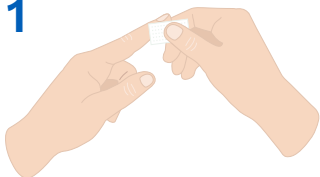


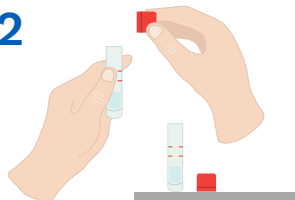
Taking a blood sample

1



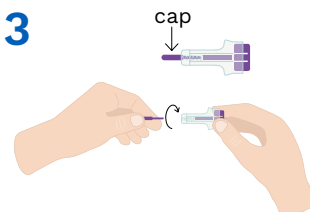
Clean the side of the index finger of your non-writing hand with wipe provided. Shake hand at waist level to help blood flow.

2



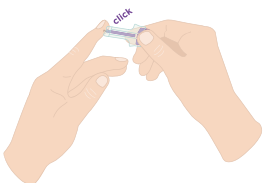
Unscrew red-topped microtainer and stand upright on a table top, taking care not to spill the liquid.

3



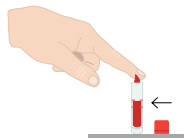
Hold lancet in hand you write with. Twist and remove thin purple cap. Inside the lancet is a tiny spring-loaded needle.

4



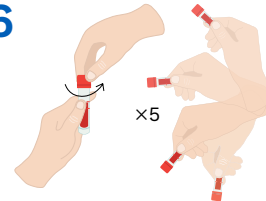
Position lancet against side of finger you cleaned, not too near the nail. Pressing firmly, push large purple button to release needle. Try not to flinch.

5



Let blood drops fall into tube, massaging finger to help blood flow. You will need around 15 drops of blood to reach the fill line. You may need to use the 2nd lancet on another finger.

6



Seal the microtainer blood tube by screwing lid down firmly until you hear a click. Invert tube 5 times to mix blood.